

# Travel Packing List

By TRAVEL EAT BLOG

## Clothing

- Lightweight clothing
- Long-sleeved shirts
- Sweater or jacket
- T-shirts
- Pants and/or shorts
- Casual dresses and/or skirts
- Evening dress
- Pajamas
- Underwear
- Swimsuit
- Socks
- Walking shoes
- Rain jacket or umbrella
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## Carry-on Bag

- Passport/visa
- Personal ID/Student ID card
- Frequent flyer cards
- Cash and debit/credit cards
- Travel and health insurance documents
- Reservations and itineraries
- Hotel and tour contact information
- Cell phone and charger
- Travel apps
- Laptop, iPad and chargers
- Headphones
- Camera, memory card, charger
- Adapters
- Travel pillow, blanket, ear plugs
- A pen
- Chapstick and lotion
- Refillable water bottle
- Sunglasses

## Toiletries

- Toothbrush, toothpaste, floss
- Hair brush and hair ties
- Deodorant
- Shampoo
- Conditioner
- Sunscreen
- Make up
- Face wash
- Personal hygiene items
- Contacts and solution
- Glasses
- Prescription medicine
- Cologne/perfume
- Personal mini mirror
- Hair products
- Razor
- Nail clippers and tweezers

## First Aid

- First aid kit (bandages, gauze)
- Cold medicine
- Diarrhea/laxative medicines
- Allergy medicines
- Antibacterial ointment
- Sunburn relief
- Mosquito repellent
- Motion sickness pills or bands
- Eye drops
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